Corona Virus

Myths and Facts

Myths **vs** Facts

Illness Severity

I will die if I get diagnosed with Coronavirus.

As with other respiratory illnesses, infection with 2019-nCoV:

- Can cause **mild symptoms** including a runny nose, sore throat, cough, and fever.
- Can be **more severe** for some persons and can lead to **pneumonia or breathing difficulties**.
- More rarely, the disease can lead to **death**. Older people, and people with pre-existing medical conditions (such as, diabetes and heart disease) appear to be more vulnerable to becoming severely ill with the virus.

It's hard to know yet due to the developing nature of the health situation, but the fatality rate might be less than 3%.

Wearing a mask

I need to wear a mask to protect myself from the coronavirus.

The World health Organization (WHO) advises on rational use of medical masks thus avoiding unnecessary wastage of precious resources and potential misuse of masks. This means using masks only if you:

- Have **respiratory symptoms** (coughing or sneezing),
- Have **suspected* 2019-nCoV infection** with mild symptoms, or
- Are **caring for someone with suspected* 2019-nCoV infection.**

*A suspected 2019-nCoV infection is linked to:

- Travel in an area in China where 2019-nCoV has been reported, or,
- Close contact with someone who has travelled from China and has respiratory symptoms.

News and Information

I should believe everything I read online about Coronavirus because everything is factually checked and accurate.

Misinformation is often a dangerous virus itself.

To minimize its risk, try to rely on the direct and world renown sources of public health information like the **World Health Organization (WHO)**, and the **Center for Disease Control and Prevention (CDC)**, especially that the story is developing every day.

Source: https://www.who.int/news-room/q-a-detail/q-a-coronaviruses

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